

THE diet FACTORY

NEW PRICE LIST

New South Wales Prices As At January, 2009

FULL WEIGHT LOSS PROGRAMMES

Our Diet Factory Weight Loss Programmes include all of your breakfasts, lunches, dinners and morning/afternoon snacks for each day of the week, specially designed around a specific daily calorie intake of either 1000, 1200, 1500 or 1800 calories. Our programmes are the perfect solution for people wanting to lose weight or for anyone simply looking for an easy, convenient way to enjoy eating healthy and delicious foods.

	1000 Cal	1200 Cal	1500 Cal	1800 Cal	2100 Cal
7 Day Plan	\$121.00	\$126.00	\$139.00	\$153.00	\$163.00
5 Day Plan	\$93.00	\$99.00	\$110.00	\$122.00	\$132.00

GLUTEN FREE PROGRAMMES ARE NOW AVAILABLE - CALL NOW TO SPEAK TO ONE OF OUR FRIENDLY CONSULTANTS.

MAINTENANCE AND CONVENIENCE PLANS

The following options are available as break-downs of our calorie controlled plans and include all snacks.

	1000 Cal	1200 Cal	1500 Cal	1800 Cal	2100 Cal
7 DAY					
Lunches & Dinners	\$101.00	\$112.00	\$124.00	\$137.00	\$147.00
Breakfast & Lunches	\$76.00	\$82.00	\$89.00	\$102.00	\$118.00
Breakfast & Dinners	\$88.00	\$99.00	\$102.00	\$102.00	\$117.00
5 DAY					
Lunches & Dinners	\$78.00	\$92.00	\$99.00	\$107.00	\$120.00
Breakfast & Lunches	\$64.00	\$71.00	\$75.00	\$86.00	\$100.00
Breakfast & Dinners	\$71.00	\$81.00	\$83.00	\$83.00	\$98.00

NO CONTRACTS NO JOINING FEES NO COOKING NO SHOPPING

DINNER ONLY OPTIONS

	Regular Meals	Large Meals
7 Dinners	-	\$68.00
10 Dinners	\$75.00	\$95.00
14 Dinners	\$99.00	\$122.00
21 Dinners	-	\$180.00
28 Dinners	-	\$240.00

SOUPS

Just ask one of our consultants what the soup of the day is. At \$2.50 each The Diet Factory soups are great value.

SWEETS

Who can resist a sweet treat? At \$2.95 each you'll find it hard to resist.

Call one of our friendly consultants today to discuss your dietary needs

ALL AREAS OUTSIDE OF BRISBANE AND GOLD COAST METROPOLITAN WILL INCUR AN \$8.00 DELIVERY FEE.

1800 065 255

www.dietfactory.com.au

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